



Summer '19 HSA August Super Skills Camps

Focus on edge work, stride mechanics, proper puck handling technique, game sequences, and combined motor skills.

August 12th – 16th

Mites:	8:30 – 9:30am on-ice	10:00 – 11:00am off-ice
Squirts:	9:40 – 10:40am on-ice	11:00am – 12:00pm off-ice
Peewees:	2:10 – 3:10pm on-ice	3:30 – 4:30pm off-ice
Bantams:	3:20 – 4:20pm on-ice	4:40 – 5:40pm off-ice

August 19th – 23rd

Mites:	10:10 – 11:10am on-ice	11:30 – 12:30pm off-ice
Squirts:	11:20 – 12:20pm on-ice	12:40 – 1:40pm off-ice
Peewees:	2:10 – 3:10pm on-ice	3:30 – 4:30pm off-ice
Bantams:	3:20 – 4:20pm on-ice	4:40 – 5:40pm off-ice

Cost: \$425 per clinic (\$50 discount if registered by 5/31)

Register: Darienicehouse.com

HSA Skill Development programs are run by lead instructor Clark Jones who has been training beginners to elite athletes (prep, junior, college, & professional) for 20 years. At HSA programs you will see Mites – Professional players working on their craft through our comprehensive development program focused on the mechanics of the foundational skill set, movement patterns, and motor patterns. Our program instructors also include multiple gold medalist figure skaters, former professional hockey players, and current Division 1 College Hockey players. Commit your time and dedicate yourself and we will help you maximize your potential!